

Meetings (in person & Zoom):

Jun to Oct - 1st & 3rd Tuesday: 6pm

Nov to May - 1st, 3rd & 4th Tuesday: 6pm

Location: Atlantic Boat Club, Hout Bay Harbour

President: Carolyn Herrick 076 012 2440

Secretary: Harriet Purser 072 779 5489

Club Services: Adele Hayden 082 807 0087

www.rotaryhoutbay.org November 2022

Important dates to diarise:

Tuesday 13th December 2022:

RCHB Christmas dinner

Tuesday 17th January 2023:

DG visit to RCHB

Sunday 12th March 2023:

Cape Town Cycle Tour - marshaled by Rotarians

Saturday 15th April 2023:

Two Oceans Marathon – marshaled by Rotarians

Sunday 15th October 2023:

Cape Town Marathon – marshaled by Rotarians

1st November 2022: Blue Bay 2030 update by Chris Hames by Tina Irvin

Chris spoke to us last a year ago, about seals and now about gaining a Blue Flag designation status for Hout Bay. “Blue Bay 2030” aims to reduce pollution of water and the beach of Hout Bay by 2030, to enable Blue Flag status in the harbour (Yacht Club Marina) and a long section of the beach. This will support tourism, education and employment alongside a better environment for all.

Started by the Yacht Club Manager, Craig Dunlop and Sophie Corbett, the progress to date has meant that the Marina is nearly ready to apply for Blue Flag Status.

Blue Bay 30 has links to other organisations including:

- Sentinel Ocean Alliance – Education & Clean Up
- Friends of the River – Clean up & Disa River
- Ocean Alive – Charity
- Harbour Clean Up Group – ‘Ollie’ the harbour boat
- Himoina (Sponsors of the Mighty Red soccer Squad)
- Discover Hout Bay (online tourist info)
- Pescaluna – donations
- Karbonkelberg Tourism – (Brent Thomas)
- Junk Star – Jessie (who makes stars and art work out of reclaimed plastic)



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The IY Mighty Red Soccer Squad have helped already with a number of beach Clean ups, whilst 'Ollie' the harbour dory exists but needs funds to develop a waste basket to operate effectively.

The best site for Blue Flag status on the beach is the Chapman's Peaks end of the Hout Bay Beach as there is a natural current from that side towards the Mariners Wharf end. The issues around the Disa River water quality, flowing over the beach and into the bay, are considerable as its water quality is very poor, although improving slightly after some work in IY, but it now has more antibiotics than e-coli! This all needs a lot of attention and effort to resolve. However, Chris was pleased to find some good news in the wildlife and aquatic creatures in the bay water, which are very varied and in good condition. He showed a number of slides to support this.

The Yacht Club provides workspace for repurposing equipment. David Becket makes golf tees there, from recycled bottle tops with a shedding machine and injection moulding tools and a local IY potential engineering student is helping with this and some potential art work, all of which can, (and indeed are with the golf tees), helping raise money and help towards the students study fees.

Blue Bay 2030 also has two 4-wheel, 4-seater, golf type buggies to provide tourist trips around Hout Bay to raise money and awareness. Unfortunately, they are pedal driven and the weight of the machines is too great for pedal power so they are thinking of installing electric motors. Chris would like to see funding available to employ a paid beach cleaner but they also need food to reward the clean up teams plus equipment such as gloves, bags, water, publicity, projects like 'Ollie' and the electrification of the buggies, plus signage and possibly extra injection moulds.

He hopes to publish a new book on ocean education next year to help generate money. Chris pointed out that signs such as "Pollution" now on the beach do nothing to promote tourism so the task is difficult but he does believe that with regular beach clean ups and more publicity and funds it is hoped to meet their goal of Blue Flag status by 2030. <http://bluebay2030.co.za/>



Ingrid and Colin at the 5th November 2022
Hout Bay beach clean up

Footnote:

Certainly Ian & I have, since Chris's talk taken a bag onto the beach on our daily walk of the beach and each time collect one and sometimes 2 bags for disposal into a waste bin. We have found it a good way to exercise, enjoy the wonderful scenery around the bay and feel good that we have a purpose making that bit of a difference to our lovely surroundings. Our Rotary Club is also committed to a once-a-month beach clean-up in support of Blue Bay 2030 and wish it well.

The next beach clean up will be on Saturday 10th December meeting near Dunes at 09.30am.

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8th November 2022: raid to RC Cape of Good Hope by Colin Sutherland

Five Rotarians, in one vehicle raced down to Fish Hoek to raid the Cape of Good Hope Rotary at Fish Hoek. Ian (driver), Tina (co-driver), Alison, Ingrid and Colin made it in 28.54 minutes. A slow vehicle ahead on the Chapman's Peak Drive prevented us from breaking some previous record.



The venue at the Galley Restaurant on the beach was looking its best and we arrived in time to see the shark protection net being pulled in for the night. Some brave swimmers were still taking the plunge. We were welcomed by Susan O'Hagan Ward their President and Bev Frieslich their secretary. Bev is also Assistant Governor (AG) for the southern peninsula area of our District 9350, who our club has known for some years. Over six tables we shared with their members our Rotary news and our and their club plans and projects.

Two of their young ladies, Interact members, presented their experiences of a Rotary Youth Leadership Awards (RYLA) Camp they had just attended. What was new, what was fun and how many new friends they made. They dealt with the questions very well and with confidence.



An extensive menu allowed one HB Rotarian to order lobster at one-sixth of London prices. Excellent venue and service. We thank the Rotary Club Cape of Good Hope for their invitation to an enjoyable event. The return journey, now in the dark, was taken at a modest pace.

15th November 2022: How to get the most out of your Rotary membership by Randell and Dianne Barclay by John Herrick

At the 15th November 2022 RCHB meeting, frequent guests, Randell Barclay, US District 7870 Governor, and his wife, Dianne Barclay, treasurer of the Fair Haven, Vermont, Rotary Club, presented an abbreviated version of Randell's DG talk, *How to Get the Most Out of Your Rotary Membership*. Randell opened by celebrating Rotary International's ("RI") first woman president, Jennifer Jones of Canada. Randell explained that Paul Harris himself once remarked that there are no fixed "hitching posts" in Rotary, by which he meant that Rotary must be free to change with the times, and, indeed, that change is to be expected.



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In this vein, Randell went on to explain that Jennifer Jones's theme for her term, "Imagine Rotary," means that it is permissible for Rotary clubs to experiment with, hopefully, positive changes to serve their communities. Moreover, as Rotary is a bottom-up organization, positive change that is lasting must come from the club level up to the top of RI. Randell gave the example of himself, as a teacher, designing what he thought was the perfect physics lesson plan, only to find that it did not work with all of his students. Rather than judging the plan to be a failure, Randell used this information to redesign and improve the lesson plan. Indeed, as some say, God's grace in every mistake is that we all can learn from our errors.



Randell then asked for questions/comments about the future of Rotary using the "Imagine" theme. Dianne Barclay asked to Imagine a Rotary where all of the members who join, stay members, and what would the impact be on the community. Randell observed that most clubs are good at recruiting, but that 50% of new members leave after 2 years. Jennifer Jones believes that clubs must focus on retention and ask both new and current members why they joined and what do they want from their club. This conversation must be evergreen as the interests and passions of members naturally change over time, and clubs must change to deliver what their members want for themselves and their communities.

IMAGINE ROTARY

Ian Irvin asked to imagine a Rotary that properly promotes itself throughout the community, and what would that entail. Randell remarked that while the traditional means of promotion such as advertising, branding, and public relations activities, certainly has its place, Rotarians must be prepared to talk to prospective members and others in the community about their passion in Rotary. One-on-one communication is the key to promoting Rotary, both for recruiting new members as well as raising awareness of Rotary in the community. All Rotarians should be prepared to do a 2-minute "elevator speech" on what is Rotary and what is their passion in Rotary.

Finally, Dianne asked to imagine a Rotary that has the resources for both new and current members to learn more about what Rotary does, how it's organized, and how can members gain the necessary skills to run their clubs and serve their communities. Randell spoke about accessing the Learning Center through MyRotary.org, as well as the Rotary Leadership Institute courses, and the podcasts on various topics available from RI Headquarters in Evanston. There are also 39 Rotary Action Groups for topics like peace, human trafficking, opiate addiction, etc., and finally 50-100 Rotary Fellowships for things like International Wine Appreciation, Yachting, and Beer Tasting. All of the above are fertile ground for coming up with service projects as well as finding your passion in Rotary. As Randell observed, if you haven't yet found your passion in Rotary, you haven't been looking hard enough.

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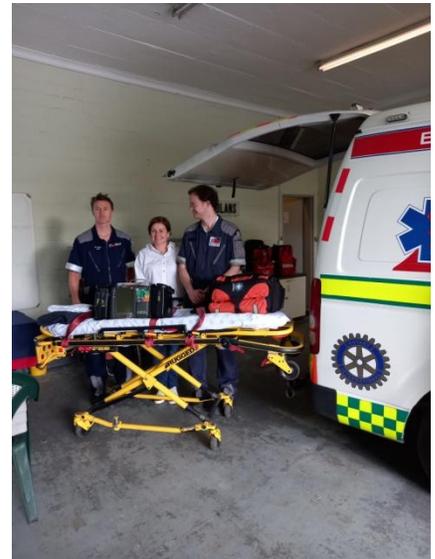
PDG Venu Rao and PDG Tony Gilmore from Vermont visited Hout Bay and joined our club meeting on 15th November 2022 as well as fitting in visits to several RCHB projects.



Trying out e'pap at Siyazama crèche in Imizamo Yethu, Hout Bay



Maniefah's Caring Hands feeding project in Hangberg, Hout Bay



Hout Bay Volunteer Emergency Medical Service

22nd November 2022: Ian Irvin's Life Story by Marianne Marsh

Welcome summer and all the RCHB swallows are back! We welcomed 15 members plus two guests on Tuesday 22nd November. The room was humming with conversation while Hout Bay harbour was showing off her gorgeous colours! It certainly felt like a good start to the holiday season.

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Guest speaker was Ian, who transferred to RCHB on 1st July 2022, husband of RCHB member Tina Irvin. We had the pleasure of listening to Tina's story not too long ago.

Ian's dad was a "District Commissioner" in Northern Rhodesia, the area now known as Zambia. As there were no hospitals in the area, the young mother-to-be was shipped off to southern Rhodesia, now Zimbabwe, where Ian was born.

First five years of his life was spent in the bush, whereafter the family moved to Lusaka for the children to attend school there. Being in the employ of His Majesty, the family undertook a trip back to England every three years. These trips on ships were adventures in themselves and by age 16, Ian had visited most harbours in Africa and the travel bug had bitten!

Like Ian, his father was a great motor enthusiast and brought a car back from England every three years. This meant many road trips from Cape Town to Lusaka! But at age 16, formal education was getting closer and as the winds of change blew over Africa, the family decided to move back to England, the start of a new era.

High school with all the sports was a breeze and Ian proved to be a natural. He obtained his Civil Engineering degree from Bristol university. The M4 in Reading was one of his first civil engineering jobs but very soon this was followed up with a post graduate degree in economics. An interesting career followed, from general area manager at Goodyear tyres, to heavy road making machinery at Blackwood Hodge. Ian also told us how he was involved in developing 110V as the power for building sites as 220V and water do not mix well!

Next came big cranes! The Eiger 1000 ton crane was the preferred crane for the Brent oil fields and are still in use there today. As health and safety legislation in the UK is different to that in Germany, Ian oversaw the modification of the DEMAG Telescopic crane. Three were sold into the UK at £1 M each!

But working for a boss is not what Ian wanted, so he bought a boat building company, Newbridge Boats. It was one of 250 boat builders in the UK and manufactured a wide range of yachts. However well build quality boats last a long time and Ian felt the business was not sustainable. After selling he briefly dabbled in politics and was elected as County Counsellor. He was offered a seat as MP for Dorset, but being away from the family is not what they wanted, so he withdrew from politics.

After working as a strategy advisor for a high level consulting company, he ventured out on his own again and worked as a consultant up to 18 months ago. A varied and interesting career! The couple recently downscaled and moved to Exeter, with a second home in Hout Bay.



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Ian and Tina are Riley enthusiasts and are the proud owners of a 1936 Riley 12/4 Lynx in both countries! Identical cars just different colours. They are active members and do around 5000km per year on rallies.

Ian was a Rotarian at Exeter in the UK and served as the club secretary for a few years, before he decided to join the Rotary Club Hout Bay. After his talk, President Carolyn handed Ian his Rotary Club Hout Bay name tag and once again welcomed him to our club. We look forward to many years of 'Service above Self'.

26th November 2022: Packing 54 gift bags for children treated at Coolamon Main Road Clinic and the elders living in Abbeyfield York and Stein Houses



28th November 2022: delivery of those festive season gift bags



**Abbeyfield South Africa
York House**

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Treasurer: John Herrick
Secretary: Harriet Purser
Club Services & Public Image: Adele Hayden



Abbeyfield Hout Bay Stein House

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**Coolamon Main Road
Clinic**

Membership: Marcelo Andrade
Youth: Athol Rice
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29th November 2022: RCHB AGM

There was a tasty fellowship meal at Atlantic Boat Club before our AGM. We were joined by ex-RCHB member Chris Schuchard from The Netherlands who shared with us news about the Heemskinderen Foundation and the sad news of the death of co-founder Jan Rindert Vellinga (12th July 1951 to 17th October 2022). The Foundation has generously supported the education of two students in Hout Bay – Sinalo Dalingoza and Darniq Arendse. The Heemskinderen Foundation will continue and hopes to sponsor more female students in Hout Bay but we must get our applications submitted in good time.



PP Ali gave a summary of her 2021 / 2022 presidential year with slides before the accounts were presented by Hans with Dianne giving a summary of her recommendations for the managing of our accounting system. Ali presented Dianne with a gift as thanks for checking the club accounts during her holiday in Hout Bay. The nominations for the 2023 / 2024 year were presented to the club members at the meeting and after a show of hands our President-Elect is Ralph Tobergte, Vice President will be IPP Carolyn Herrick, Secretary will be Harriet Purser and Treasurer John Herrick.

RCHB Vision Statement: We unite to take action that contributes to lasting change in our Hout Bay community and beyond, and in ourselves.

RCHB Mission Statement: We focus on improving lives in our Hout Bay community, primarily by providing programmes for youth from early childhood through to young adult, and other support for those in need.

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SAKHISIZWE YDP

Christmas Party

CELEBRATE THE END OF YEAR WITH US

WHEN Saturday 03 December 2022, 3pm - 6pm

WHERE Goldberg Home of Hope, Hout Bay Museum

DONATE TO OUR CHRISTMAS CAMPAIGN TO
SUPPORT FAMILIES IN IY THIS CHRISTMAS

www.givengain.com/cc/at-sakhisizwe-youth-development-is-our-priority/

Thankful!

SATURDAY
03 DEC
2022

www.sakhisizweydp.com

Everyone is welcome to join Mhinti Pato and her team at the Sakhisizwe function at the Goldberg Home of Hope on Saturday 3rd December 2022.

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YOU & YOUR PARTNER
ARE INVITED TO THE

Rotary 
Club of Hout Bay

Christmas
PARTY

DEC | 13 | 6.30pm

AT THE ATLANTIC BOAT CLUB – R380 PP
(INCLUDES CHRISTMAS FEAST BUFFET &
A LOT OF FUN!) . ABC BAR WILL BE OPEN

Please pay in advance into RCHB bank a/c.
RSVP with payment proof to adele@abppromotions.co.za
by 2 Dec.

*Please bring cash for raffle to support Children's Clinic
and Elders Christmas Goodie Bags*

VEGETARIAN ON REQUEST – PLEASE NOTE IN RSVP



Festive Feast MENU

Slow roasted leg of lamb served with a rich jus.

Pepperdew and caramelised onion stuffed chicken
fillet served with a saffron veloute.

Pink peppercorn rubbed beef fillet with fresh lemon
thyme & an exotic mushroom sauce.

Thyme & honey roasted seasonal veg.

Gourmet garden salad with wild rocket, pomegranite
and goat cheese.

Decadent nutella choc brownies.
Mini pavlova with vanilla cream and fresh berries.

Rotary 
Club of Hout Bay

**RCHB Christmas Party r.s.v.p., to Adele, and payment deadline
is Friday 2nd December 2022**

*We are all here on earth to help others; what on earth the others
are here for, I don't know.
T S Eliot*

*Be careful about reading health books – you may die of a misprint.
Mark Twain*

December Birthdays:
7th December – Tina Irvin
7th December – Phil Couchman
14th December – Joelle Searle

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Club members: please remember to send Adele your apologies if you are unable to attend meetings. If no apology is received, it will be assumed that you will be attending.

December 2022	Time	Venue	Speaker / Event	Sergeant at Arms
6 th	6pm	ABC	Stephen Horn – journey from Rotary exchange student to climate activist and showrunner	Marcelo
9 th	10.30am	Delish	Coffee morning	
10 th	09.30am	Near Dunes	Beach clean up	
13 th	6pm	ABC	RCHB Christmas Party	Keith - Master of Ceremonies
20 th & 27 th			No meeting	

January 2023	Time	Venue	Speaker / Event	Sergeant at Arms
3 rd			No meeting	
10 th	4.30pm	Hybrid	Board meeting	
10 th	6pm	ABC	Fun meeting to kick off the year	
13 th	10.30am	Delish	Coffee morning	
14 th	09.30am	Near Dunes	Beach clean up	
17 th	6pm	ABC	District Governor visit by Tracey Wilson with meal	
24 th	6pm	ABC	Induction Jutta Lenz	
27 th	10.30am	Delish	Coffee morning	
31 st	6pm	ABC	Club Business Meeting	
Club calendar subject to change				



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