

Meeting Time: Tues 5.30pm for 6pm & on Zoom
Location: Atlantic Boat Club, Hout Bay Harbour
Attendance officer: Adele Hayden 082 807 0087

President: Carolyn Herrick 076 012 2440
Secretary: Harriet Purser 072 779 5489

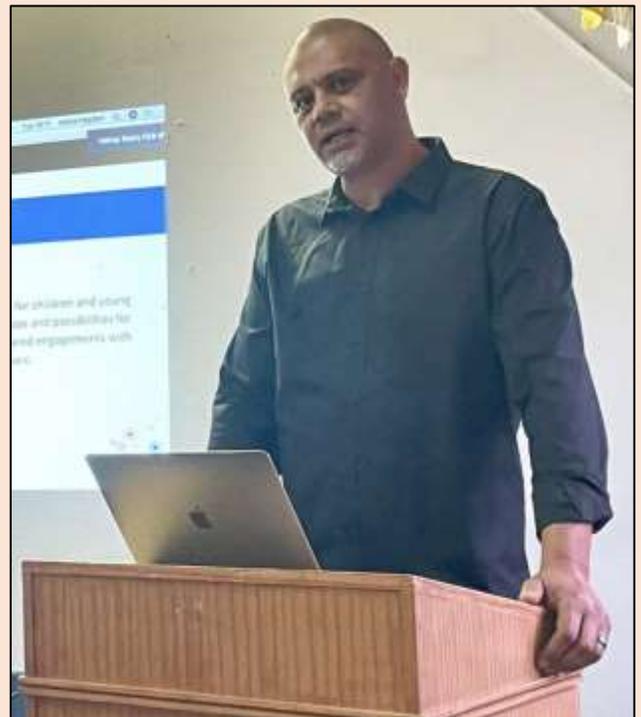
MAY / JUNE 2022

MusicWorks

On May 3, Raymond Schuller, Executive Director of the NPO Music Works presented to our Club how Music Works responds to the lack of access to psycho – social services in schools using music as a tool to contribute to the wellbeing of learners. As background to the presentation, Raymond indicated that according to the UCT's Children Institute, the mental health of children and adolescents is a growing concern as 50% of mental health problems are established by the age of 14 years.

Music Works interventions are based on empirical evidence that music is a social resource that can significantly improve students' overall results in reading, writing and math. It is currently working with six primary schools in impoverished neighborhoods in the Cape Metropolitan area and Winelands.

The main objective of the program is to provide safe environments for socio-emotional learning. The creative interventions include music making, dance, music listening, breathing and relaxation. Sessions, held once a week in each school covered by the program, positively impacting children's social skills, emotional regulation, self-discipline, self-esteem and brain development.



The program collaborates and integrates local residents with music and singing capabilities and further extends its reach through a training program for crèches caregivers that fosters the development of songs and lullabies to be used by the staff of the crèches.

On 17 May, Faseeg Manie

(Acting Principal, Hout Bay High School)

gave us an inspiring, energetic presentation. Mr Manie took us through his basic principles of how he has managed to turn various schools around including Lavender Hills and Silikamva High. He is confident that his strategy will also turn Hout Bay High around. Below are a few slides from his presentation.



- Lavender Hill High School
- HIGH DEGREE OF SOCIAL DYSFUNCTION
- HEART OF GANGLAND (MURDERS, MAYHEM)
- POOR SECURITY, VANDALISM, LEARNING BARRIERS
- CULTURE OF ENTITLEMENT
- VERY POOR FACILITIES
- Turning the school around
- REMAINING POSITIVE, "THE DARKER HOUR IS JUST BEFORE THE DAWN", HIGH EXPECTATIONS
- MANAGEMENT STYLE: DEMOCRATIC, CONSULTATIVE, COLLABORATIVE
- BROKEN WINDOW THEORY, EXTRA-MURALS, SOCIAL MINDSET CHANGE
- FUNDERS, CORPORATES
- FEEDING SCHEME, EXTRA CLASSES, T-SHIRT CAMPAIGN
- WHEN I LEFT/RETIRED: ACADEMIC EXCELLENCE (89.4 MATRIC PASS RATE), FACILITIES WORTH 100M, DROP-OUT RATE DRASTICALLY REDUCED

My management style

- DEMOCRATIC, CONSULTATIVE, DEMOCRATIC
- AFFIRM, FIRM, BUT EMPATHETIC
- CONSEQUENCE MANAGEMENT
- BUILD INCREMENTALLY, SUCCESS BEGETS SUCCESS

Hout Bay High School – at present

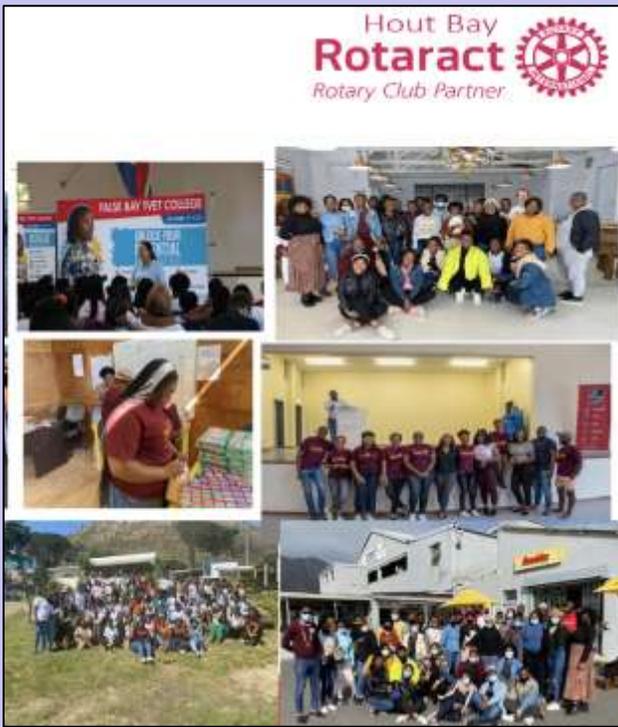
- Similar challenges to LH
- Turn-around strategy has started
- In spite of the prophets of gloom, I am optimistic about state of education in our country and our country as a whole
- 20% of our budget is spent on education; we need to get bang for our buck
- Lavender Hill and Silikamva are just a few examples of so many schools that have shown that with the right leadership and interventions, dysfunctional schools can become models of excellence.

My background/ career in education

- STARTED TEACHING EARLY 80'S
- B.A., S.T.D, M.ED
- FOUR SCHOOLS – WESTRIDGE HIGH LAVENDER HILL HIGH, SILIKAMVA HIGH, HOUT BAY HIGH
- PART-TIME: UWC, UCT, BISHOPS, ABET

Challenges faced

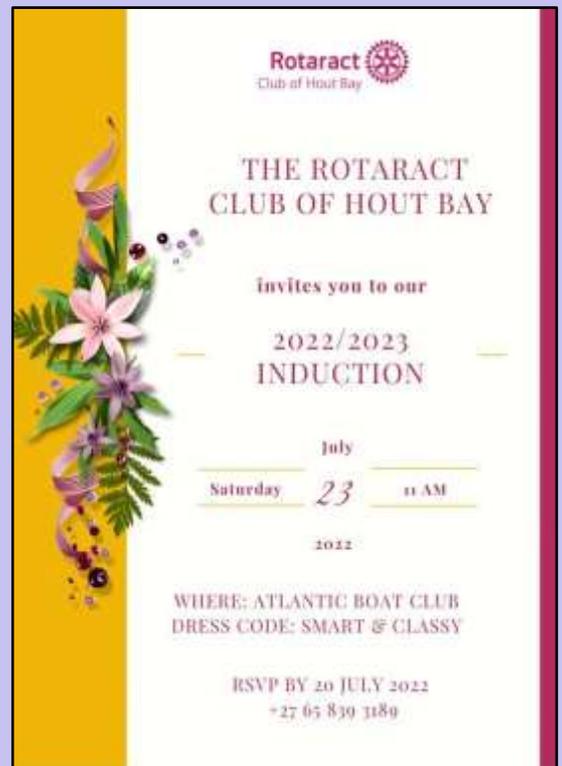
- VERY FEW FACILITIES
- LARGE CLASSES, HEAVY WORK LOAD
- ADMINISTRATIVE BURDENS



On 7 June, Azola Nyoka, the Hout Bay Rotaract President gave us a presentation.

The Rotaract Club of Hout Bay was established in 2016 by a diverse group of University Students from Hout Bay, with the help of Mr Hans Kuhn, who was heading Hout Bay Rotary's Youth Services at the time.

The Club provides mentoring programs for high school youth in the Hout Bay community. Youth are matched with a caring Rotaract Coach who is trained to focus on positive reinforcement, trust-building, and the achievement of goals, by engaging youth in one-on-one outing and group adventures in the community.



ACHIEVEMENTS

District Awards

2019: Rotaract Potjie competition

2020 -21: Best Rotaract Vocational Project

2021-2022: Best Rotaract Vocational Project

Colin Sutherland:

My Life in Numbers



At the 21 June 2022 RCHB meeting, our fellow Hout Bay Rotarian, Colin Sutherland, entertained and fascinated us with his life story. As befits an accountant, his talk was titled “My Life in Numbers” and traced his steps from his early years in Scotland through his varied working life as trainer of accountants, to his current retirement in Hout Bay.

Without intention, Colin’s career seems to have been marked by multiples of five: He started working in Edinburgh in 1955, worked in 55 cities and retired after 55 years of work in Cape Town. Of the cities in which Colin worked, 40 were in Europe, 10 in Africa and 5 in Asia.

Whilst some of these work projects were of short duration, others lasted longer, giving Colin a great opportunity to experience the varied cultures and landscapes of his temporary homes. Brussels was home for 5 years and Paris became the family base for 15 years. Says Colin, “... my wife and I raised very French Children!”

There was a tremendous variety in Colin’s clients, including the EU Commission Court of Auditors, Red Cross, DHL, Jacobs Suchard and the Dar al-Maal al-Islami Trust. After the collapse of the USSR in 1991, Colin trained staff at the ministries and banks of five former Soviet republics: Belarus, Kazakhstan, Kyrgyzstan, Russia and Ukraine.

Colin’s five favourite cities for work were Bratislava, Canterbury, Orchid in Macedonia , Salisbury in then Rhodesia and Valetta in Malta.

In his personal life, too, multiples of 5 play a role: Colin and his wife Dagmar have been married for 55 years and he has been a member of RCHB for 15 years.

It is clear that Colin has had an unusually varied and cosmopolitan career, and his openness to different cultures and new experiences shines through the wonderful stories he tells of his travels.



Another friendly fellowship coffee morning at Delish on Friday 24 June.



Rotary Hout Bay 2022 / 2023 Board Members

President	Carolyn Herrick
Secretary	Harriet Purser
Treasurer	John Herrick
Club Services & Public Image	Adele Hayden
Vocational / Educational	Keith Bull
International	Hans Kuhn
Community Services	Ralph Tobergte
Youth Services	Athol Rice
Membership & Growth	Marcelo Andrade
Foundation	Phil Couchman
Environment	Alison Rice
President Elect	Open



The RCHB 2022/23 Board from left to right : Ralph, Keith, Marcelo, John, Carolyn, Harriet, Adele, Alison, Athol. Abscent – Hans and Phil.

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July & August Calendar

WK	July 2022	Time	Venue	Speaker / Event	Sergeant at Arms
3	19th	8.30am	at Creche	MANDELA DAY AT CRECHES AND EPAP	
3	19th	6pm	ABC	Gordon Aeschliman - Love in a Bowl	CHARLES
4	26th	6pm	ABC	Dwyn Griesel- KMA Update	ADELE
WK	Aug 2022	Time	Venue	Speaker / Event	Sergeant at Arms
1	2nd	6pm	ABC	Roberto Quintas - Ward Councillor	PHIL
2	9th	-	-	PUBLIC HOLIDAY - WOMEN'S DAY	
2	12th	10.30am	Delish Café	Coffee morning @Delish	
3	16th	4.30pm	ZOOM	Board meeting - Board members only	
3	16th	6pm	ZOOM	TBC	
4	23th	-	-	No Meeting	TBC
4	26th	10.30am	Delish Café	Coffee morning @Delish	
5	30th	7pm	TBC	FELLOWSHIP	

All meetings held at ABC (Atlantic Boat Club) are Hybrid (in-person at ABC and on Zoom)

Zoom link:

<https://us02web.zoom.us/j/87379993069?pwd=ZDNYZ3RNYlAwSm8zZFpGWkt1VzBwQT09>

Meeting ID: 873 7999 3069

Passcode: RCHB