



Bay Breezes

Doing good in and around Hout Bay



Meeting Time: Tues 5.30pm for 6pm & on Zoom
Location: Atlantic Boat Club, Hout Bay Harbour
Attendance officer: Carolyn Herrick 076 012 2440

President: Alison Rice 083 6335694
President Elect: Carolyn Herrick 076 012 2440
Secretary: Harriet Purser 072 779 5489

JAN/FEB 2022

CHRISTMAS DINNER CELEBRATION 7 DECEMBER

Fellowship at Quentin's

Eighteen Rotarians and partners gathered for a pre-Christmas dinner at Quentin's Restaurant on 7 December. A delicious 3-course meal was prepared and served by chef Quentin and his team. In the spirit of Christmas goodwill, R1200 was raised to support feeding needy Hout Bay children through a raffle of wine donated by Harold Allsop. It was a lovely evening enjoyed by all!



District News

Launch of Riebeek Valley Rotary Club

President Elect Carolyn Herrick represented our Club at a Gala Dinner held on 11 December at Het Vlock Casteel in Riebeek-Kasteel. There are 30 charter members of the Riebeek Valley Rotary Club led by President William Pulles. Carolyn is seen here presenting our banner to President William Pulles.



Welcome to our 3 newest RCHB members !

It's been a busy couple of months here at Rotary Hout Bay. We have inducted 3 new members:

Charles Deacon - Lighting Designer at Spazio Lighting was inducted on 30 November.

Philip Couchman, ex DHL Express CEO and Regional Director was inducted on 18 January.

Noori Siddiqui - former radio presenter, life coach, nutritional consultant and co-founder of Optimum Wellness Online. Noori was inducted on 25 January.

Welcome to the Rotary Club of Hout Bay, Charles, Phil and Noori. We look forward to sharing many happy years of fun, fellowship and community upliftment.



From Dartmoor to Totnes....on some old barrels

On 11 January, Keith Bull awed us with a presentation on the Dartmoor to Totnes Raft Race which took place in October 2021. Keith has been Race Director for several years as the race is an important fundraiser for the RC of Totnes (UK), of which his wife Alison Bull is President. The planning requirements with local authority approvals, health & safety precautions, risk assessments, insurance etc. are complex and require six-month advance timing. Over 200 people are involved in managing the event on the day.

Rafting teams comprise of between 2-10 people and each entrant pays £40 entry fee. Rafts must be homemade from materials not harmful to the environment. Rafters must wear a life jacket, crash helmet and stout footwear as they may have to carry the raft if water levels are low at some point. The rafters go all out with creative attire in addition to their full safety kit.

The rafts must travel 13km downriver through three weirs and numerous other hazards to reach the finish line. Marshals along the route include divers and canoeists to ensure the safety of all rafters, with EMS officers on stand-by in case of emergency. Risks are numerous, including capsizing, striking an underwater hazard, colliding with another raft, rafter falling overboard or getting stuck under rocks, hypothermia, etc. The reward for surviving the race is a Finish Line Fair which brings out the spectators and townspeople for food, entertainment and prize-giving for Best Dressed, Fastest and Most Sponsorship. Not surprisingly, Keith admitted that most teams only compete once....most are not crazy enough to brave this twice!



We thought this would be useful, especially for our newer members. Rotarian Evan Burrell (Australia) gave thought to what each of the Four-Way Test questions asks of us and came up with a step-by-step process to give some clarity behind these often recited questions



FOUR-WAY TEST

FOUR QUESTIONS – 24 WORDS

THE UNIQUE STEP-BY-STEP PROCESS

IS IT THE **TRUTH**?

- Clarity
- Transparency
- Fact checking
- Ethical behaviour

PROCESS TO ACHIEVE DESIRED OUTCOMES THAT ARE ETHICAL, FAIR AND BENEFICIAL TO ALL

That we do our homework to collect information and to apply critical thinking by asking questions to know the difference between facts, beliefs, assumptions, and opinions as well as know what we don't know.

IS IT **FAIR** TO ALL CONCERNED?

- Inclusion
- Empathy
- Acceptance
- Belonging
- Accountability

That we use empathy to see other points-of-view in the context of the problems to be solved and the goals to be reached.

WILL IT BUILD **GOODWILL** AND **BETTER FRIENDSHIPS**?

- Trust
- Do good
- Feel good
- Have fun

That the process is civil, and there is a feeling of respect and openness to ask the "dumb" question, they can lead to creative and innovative answers. Also, people prefer to work with people they like, respect and trust.

WILL IT BE **BENEFICIAL** TO ALL CONCERNED?

- What if scenarios
- Trade-offs
- Being creative and innovative
- Better decision making

That these are the conflict transformative answers and decisions that can lead to mutually satisfying solutions, that are sustainable and scalable. This can be an iterative process as we learn more from doing and continuously improving with time.

FEBRUARY CALENDAR

We look forward to welcoming Rotarian Ludwig Ruckdeschel as a new member of our club on 15 February. Be sure to come!

Feb 8th meeting will be ZOOM ONLY

All other meetings are hybrid (in-person at ABC & on Zoom)

NEW ZOOM LINK for 2022

<https://us02web.zoom.us/j/87379993069?pwd=ZDNYZ3RNYIAwSm8zZFpGWkt1VzBwQT09>

Meeting ID: 873 7999 3069

Passcode: RCHB

Wk	Feb 2022	Speaker	Subject	Sergeant at Arms
1	1st	2021 Student Support Scheme Participants @18:00 at ABC	Reflections on Transitioning from High School to University.... and Beyond	Keith
1	4th	FRIDAY COFFEE @10:30	Delish Café	
2	8th	BOARD MEETING @4:30 via ZOOM		
2	8th	Alexander Falk, DGE D7930 @18:00 via ZOOM Recording	Kiva: Crowdsourcing Microloans for Underserved Communities	John
3	15th	Ludwig Ruckdeschel @18:00 at ABC	New Member Transfer from Germany	Adele
3	18th	FRIDAY COFFEE @10:30	Delish Café	
4	22nd	Patrick Fleming @ 18:00 at ABC	Garden Route Children's Trust	Ralph

MARCH CALENDAR

Prospective member Marianne Marsh will be inducted as a new Rotarian on 1st March. Please mark the date for this special occasion and come help her celebrate!



**The Cycle Tour is on Sat 13 March!!
Marshalling is our biggest fundraiser –
so be ready to volunteer your time.**

**Stay Tuned for Sunday Bowling & Braai
The Post-Tour tradition returns.....tentative date is 20 March**

Wk	March 2022	Speaker	Subject	Sergeant at Arms
1	1st	New Member INDUCTION @ 18:00 at ABC	Marianne Marsh	Joelle
1	4th	FRIDAY COFFEE @10:30	Delish Café	
2	8th	Keith Bull	Cycle Tour Briefing	TBC
2	13th	CYCLE TOUR		
3	15th	BOARD MEETING @4:30 via ZOOM		
3	15th	Paul Parker @ 18:00 via ZOOM ONLY	Therapeutic Horse Riding: A New Perspective on Ability	TBC
3	20th	FELLOWSHIP - Bowling & Braai Day	Hold the Date - TBC	
3	18th	FRIDAY COFFEE @10:30	Delish Café	
4	22nd	Ian Robertson, DG9350 @18:00 at ABC	DG Visit	TBC
5	29th	FELLOWSHIP - TBC		