

Bay Breezes

Doing good in and around Hout Bay



Meeting time: Tuesdays 6.30pm for 7.00pm
Location: Atlantic Boat Club, Hout Bay Harbour
[next to and above the LookOut Deck Restaurant]
Attendance officer: Carolyn Herrick cell: 076 012 2440

President: Alison Rice 083 633 5694
President Elect: Carolyn Herrick 076 012 2440
Secretary: Harriet Purser 072 779 5489

Better Vision for Hout Bay Learners

Over 100 Hout Bay primary school learners will be receiving spectacles this year, sponsored by the Rotary Club of Hout Bay. Vision testing at Disa Primary, Hout Bay Primary, Kronendal Primary, Oranjekloof Primary and Sentinel Primary Schools was planned to commence in January, however was delayed by school closures. Along with optometry partners from Jonga Trust, the Rotary Club was able to complete the testing in all five schools by end of March, and spectacles delivered to all learners in April.

Testing was done for all Grade 1 and 7 learners in each school, plus any other students identified by their teacher as possibly having an eyesight issue. Learners who required spectacles were able to choose from a range of fashionable frames, and lenses were produced by a local lab at reduced cost. In addition, children found to have eye infections were provided eye-drops at no charge.

There were many smiles behind the masks when the learners received their new spectacles and could now see everything much more clearly.

The Rotary Club of Hout Bay is committed to helping address sight problems so that these learners have a better chance of learning and progressing through their education. The annual cost of running this programme is approximately R150 000, which has been generously funded by local and overseas donors. Funding has been committed for three years.

If you wish to get involved or donate to the project,
Email Carolyn.m.herrick@gmail.com

APRIL 2021





Not just a bursary.....

There were good reasons why Keith, Alison & Candida entitled their presentation to the club on 9th March and to the Exeter clubs on 30th March.....*Not just a bursary!*

High on the list is the fact that the South African Government are now paying a substantial amount of the costs of attending college and university...including fees, travel, books and meal allowances. This has taken the focus away from the financial side of the Hout Bay Rotary Bursary scheme, much more towards the broader support functions. Top of that is the provision of a one-to-one mentor throughout the duration of a student's studies....a family-figure to provide encouragement and a shoulder to lean on in difficult times.

Since the Government have been providing financial support, we have had to be careful

not to compromise students from a financial viewpoint, and so the scheme is now being referred to as a Student Support Scheme. With workshops covering a broad range of subjects, from personal financial management, through team building to cv writing and interview skills, we aim to provide our students with the extras that differentiate themselves in the workplace.

2020 saw our first student from the township going to medical school. 2021 we have provided Student Support to four new students.....another first with two of these attending the University of Cape Town (UCT), one at Stellenbosch and the fourth studying to become a teacher at Varsity College.

With over 23 Alumni employed in a huge range of industries, we are so proud of the outstanding performances of our students. They are the true face of the new South Africa!





Zooming to Exeter UK – 30 March

A joint Zoom meeting with the Rotary Clubs of Exeter and Southernhay UK was held on 30 March, with participants Zooming in not only from South Africa and the UK but also from the Maldives, Portugal, Switzerland, and USA. The Exeter Rotary Club was the first Rotary Club outside the US to admit women, and three of the longest serving non-US female Rotarians joined us for the meeting. It was a truly international sharing of projects and ideas! Thanks to Exeter Rotarian Ian Irvin for organising.

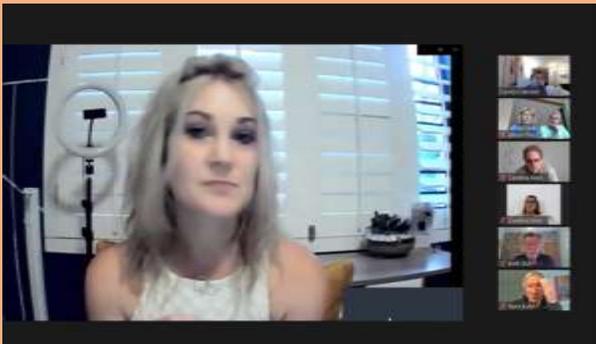
Fellowship Picnic at Cape Point Vineyard – 28 March

A lovely day was enjoyed by all, with good food, wine & company.



Tanya Bothma – 6 April

Tanya Bothma was the first recipient of a double lung transplant at an African Government Hospital, at Groot Schuur in December 2017. She spoke to Rotarians as part of the Wynberg Rotary Talks Series about her transplant experience and the importance of organ donation. Tanya was born with a lung condition that ultimately left her with only 14% lung capacity. She is thankful for the organ gift that gave her new life and the ability to do normal things with her family such as exercising, walking to shops and fetching her daughter at school. Being a donor is a gift to one while at the same time tremendous pain for another. Tanya now focuses on raising awareness of the importance of signing up to be an organ donor and ensuring that your loved ones are aware of your wishes.



Beach clean up – Message from Jo Horn of Meraki Bay:

Hello everyone!

We are very eager to share with you the event we spearheaded recently, a big youth clean-up which was held in Hangberg.

For this event we partnered up with the following organisations: The Harvest Youth Project, Sentinel Ocean Alliance, The Junk Stars and The Rotary Club of Hout Bay, all organisations which have youth and ecology projects.

The event was a big success, bringing together over 60 children who were then divided into teams and they raced against each other to find the most of certain litter items with the winning team taking home prizes. It was a great as to get the kids motivated but also to try and cover as much ground as possible.

Every group had a form where they had to indicate which type of waste they were collecting, in this way it was easy to identify and sort the waste afterwards.

We were very happy with the resultant 60kgs of recycling and waste that was collected.



SWIMMING UPSTREAM



A STORY OF GRIT AND DETERMINATION TO SUCCEED

SHIRLEY ZINN

DR SHIRLEY ZINN

On the 27 April we were honoured to be invited to join RC COGH in a Zoom meeting with Dr Shirley Zinn. With many visitors who signed in from various Rotary Clubs, it was a capacity crowd online who were all touched by Shirley and her story, which is aptly told in her book "Swimming Upstream" which is available at all bookstores. She was born at the Somerset Hospital in 1961 into humble beginnings on the Cape Flats and thanks to the wisdom of her parents who said, "Get an education", and the support of her grandmother, she did that and more. She began her schooling at South Peninsula High school, had a career as a teacher, and later a lecturer at the University of the Western Cape before she completed her Master's at Harvard University. Apart from that, Dr Shirley Zinn has a string of impressive positions she has held in various institutions in South Africa and is a well-respected businesswoman. The personal ideals she focused on which are important to her are: Kindness and Generosity of Spirit; Making a difference in this world;

Having a sense of purpose; the importance of Humility and the assumption of Quality in everything you do. The support of her husband, Kevin, has carried her through her life including the tragic loss of her only child in a freak car accident when he was only 7 years old. We were all held spellbound as Shirley spoke, moved by her words and uplifted by her indomitable spirit and passion. Thank you so much Shirley. We are blessed in this country to have role models like you !

Dr. Bettye Walker, RC of Downtown Los Angeles

In our Zoom Meeting on 16th March 2021 we welcomed a special guest speaker: Dr Bettye Walker.

She, together with her husband Prof Hal Walker are Rotarians from the Downtown Los Angeles RC who spend half time in Cape Town and half time in Los Angeles. They are honorary members of the Blouberg Rotary Club.

Dr. Bettye Walker, and her husband's professional career was devoted to the world of science and space technology in Southern California. The main objective was to grow access to opportunities for communities of color in science and technology.

Bringing science and technology to life for young minds supported by the invitation of Nelson Mandela they were able to open the first chapter of the National Space Society in 2019 (Cape Town Space Society) to encourage students of higher educational institutions to building the leaders in science and technology of tomorrow

Being committed to the values and objectives of Rotary and limited with activities during lockdown Dr Bettye Walker, a professional educator and Peace Chair of RC Downtown Los Angeles, let contenders from 5 schools speak with their own videos produced on mobile phones in a Peace competition covering the subjects of peace, human dignity, inclusion and diversity. Inspiring and thought-provoking were the individual messages of the winning videos.

Spotlight on.....Carolyn Herrick



Carolyn was born in the Canadian province of Ontario and grew up primarily in Ottawa, the nation's capital, with some time spent in the western provinces of Saskatchewan and Alberta.

Before arriving in Cape Town in 2013, she had lived in USA, Belgium and France. Carolyn is step-mother to husband John's three children and grandmother to 2 year old Alice and newborn Lucy.

Life and Work... I have had a lifelong love of travel which was nurtured from a very young age. I grew up in a Canadian border town and so began travelling beyond my home country as a small child as the better shops and the best ice cream cones were on the American side of the border. I became used to moving and making new friends as my father was transferred across the country for his work. After high school, I went to the USA to attend Brigham Young University in Utah, graduating with a Bachelor of Science degree. I completed my MBA at The University of Western Ontario in London, Canada which included a semester in Belgium.

Upon graduation, I moved to Toronto and held marketing positions with Playtex, Cadbury-Schweppes and Colgate. We were still selling the 18-Hour girdle when I started at Playtex in 1984. I wore one to work one day as a trial - never again! As a dedicated lover of chocolate, Cadbury's was my dream job for the next five years..

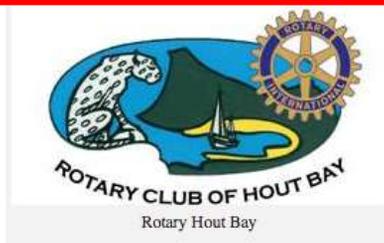
My move to Colgate offered the international career I had always aspired to, and over 28 years with the company I worked in France, Belgium, Netherlands, USA and finally Cape Town as General Manager for Hill's Pet Nutrition division.

I found it rewarding to work for a company with strong moral values, on brands that make a difference in people's lives. Whether I was promoting dental products that improve oral health or pet food that improves the lives of people and their pets, it was rewarding to know that building the business was also building better lives.

I met my American husband while we were both working for Colgate in Paris, although we did not start dating until after we were both transferred to the US. We married in 2004.

One of my favourite things is... theatre. I developed a love of the performing arts as a child, attending theatre, ballet and symphony with my mother. My husband John has belonged to an amateur dramatics club in NYC for 39 years, and has graced the boards many times. He's my favourite New York actor! We plan to spend the Canadian summers in Stratford, Ontario, the home of the Stratford Shakespeare Festival where we can see 18 plays over the season, run into actors in the local coffee shop, and enjoy the cultural ambiance of a small arts town. Other loves are food & wine, literature and of course, travel.

On Rotary... My desire to give back to the Hout Bay community in retirement led me to Rotary and so I became a proud Rotarian in July 2019. The Hout Bay Club wasted no time in putting me to work! It has been a blessing to be busy helping others during this difficult pandemic year.



MAY MEETING CALENDAR

Zoom Link for 2021 – same every week

<https://us02web.zoom.us/j/86472069781?pwd=QVdITDZvUXBRS1RTbHE5RDhtM1QyUT09>

Meeting ID: 864 7206 9781

Passcode: RCHB

	<i>May 2021</i>	<i>Speaker</i>	<i>Subject</i>	<i>Sergeant at Arms</i>
2	11th	Andy Boettcher - Hillsong Africa @18:00 at ABC	Innovation Hub Africa	Hans
3	18th	Board Meeting @16:30 via ZOOM		
3	18th	Liezl Schulte - Chair, WATCHCON @ 18:00 via ZOOM	Update on Hout Bay Neighbourhood Watch initiatives	Marcelo
3	21st	FRIDAY COFFEE @10:30	Delish Café	
4	25th	Karen Temlett - Founder, Funda Kunye @ 18:00 at ABC	ECD initiatives in Hout Bay	Athol